This communication presents a molecular dynamics simulation study of a bilayer consisting of 128 dioleoyl-sn-glycero-3-phosphocholine (DOPC) molecules hydrated by 3840 water molecules, using the GROMACS 3.3.1 package. The system was equilibrated for 70 ns and the remaining 90 ns of the MD trajectory were used for further analysis. The system was equilibrated for 70 ns and the remaining 90 ns of the MD trajectory were used for further analysis. The MD simulation was carried out at constant pressure (1 atm) and at a temperature of 310 K (37 °C), which is above the main phase transition temperature (−20 °C) for the DOPC bilayer. Temperature and pressure of the system were controlled by the Berendsen method, setting the corresponding relaxation times both to 0.5 ps. Here, the temperatures of the solute and the solvent were controlled independently and the applied pressure was controlled anisotropically, keeping the trace of the pressure tensor at 1 atm.

As a first analysis of the simulation, we computed the MSD for the lateral center-of-mass (CM) motion of the DOPC molecules. The MSDs of the individual molecules were estimated through the time average

\[ W_j(n) = \frac{1}{N_j} \sum_{k=0}^{N_j-n-1} (x_j(k+n) - x_j(k))^2, \]

and the results were averaged over all (physically equivalent) DOPC molecules

\[ W(n) = \frac{1}{N_{mol}} \sum_{j=1}^{N_{mol}} W_j(n). \]

For this purpose, we performed a 160 ns simulation of a system consisting of 128 (8 × 8 × 2) dioleoyl-sn-glycero-3-phosphocholine (DOPC) molecules hydrated by 3840 water molecules, using the GROMACS 3.3.1 package. The system is shown in Fig. 1. The electrostatic interactions were evaluated using the particle-mesh Ewald summation. For the real box, three-dimensional periodic boundary conditions with the usual minimum image convention and a cutoff of 12 Å were used. To allow for a time step of 2 fs, we applied the SHAKE algorithm to constrain the lengths of all OH and CH bonds to their respective equilibrium values. The system was equilibrated for 70 ns and the remaining 90 ns of the MD trajectory were used for further analysis. The MD simulation was carried out at constant pressure (1 atm) and at a temperature of 310 K (37 °C), which is above the main phase transition temperature (−20 °C) for the DOPC bilayer. Temperature and pressure of the system were controlled by the Berendsen method, setting the corresponding relaxation times both to 0.5 ps. Here, the temperatures of the solute and the solvent were controlled independently and the applied pressure was controlled anisotropically, keeping the trace of the pressure tensor at 1 atm.

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Here \( N_{mol} \) denotes the number of lipid molecules, \( N_t \) is the number of time steps in the MD trajectory, and \( x(n) \equiv x(n\Delta t) \), with \( \Delta t \) being the sampling time step. The results for two different lag time scales (1 ns and 30 ns) are shown in Figs. 2 and 3, respectively, where dots correspond to the simulated MSDs and solid lines to the fits of expression (1). The fit parameters are \( \alpha = 0.52, D_0 = 0.107 \text{ nm}^2/\text{ns}^\alpha \) for the fit in Fig. 2 and \( \alpha = 0.61, D_0 = 0.101 \text{ nm}^2/\text{ns}^\alpha \) for the fit in Fig. 3. We have also performed an analysis for an intermediate lag time scale of 5 ns (not shown here), which lead to \( \alpha = 0.56, D_0 = 0.110 \text{ nm}^2/\text{ns}^\alpha \). The insets of Figs. 2 and 3 show the spread of the MSDs for the individual molecules. The rapid increase of the latter with the lag time spots the problem of statistical reliability, if the lag time becomes comparable with the length of the simulation trajectory. The form of the spread gives also a hint to appropriate stochastic models describing the observed subdiffusion, such as (ergodic) fractional Brownian motion (fBM) and the (non-ergodic) continuous time random walk.\(^{18}\) Here, one has to make the assumption that the average over all molecules corresponds to a true ensemble average. The observed Gaussian shape of the distribution functions shown in Figs. 2 and 3 supports that the lateral subdiffusion of the DOPC molecules can be described by fBM. In recent experimental studies, both models have been used to describe experimental data for trajectories of diffusing molecules.\(^{7-9}\)

We note finally that the fractional diffusion constant found for the lateral diffusion of lipid molecules in the giant vesicles studied in Ref. 4 is \( D_0 = 0.088 \pm 0.007 \text{ nm}^2/\text{ns}^\alpha \) for \( \alpha = 0.74 \pm 0.08 \). Although the lipid bilayer considered in this study consisted of different lipid molecules (dilauroyl-sn-glycero-3-phosphocholine or DLPC), the measured diffusion coefficient shows that the results for \( D_0 \) obtained in our simulation study of DOPC are of the right order of magnitude.

In the following, we further analyze the lateral center-of-mass dynamics of the DOPC molecules in the framework of the GLE.\(^{12}\) The velocity autocorrelation function (VACF) of a tagged molecule, \( c(t) \equiv \langle v(0) \cdot v(t) \rangle \), fulfills then the integro-

\[
\partial_t c(t) = - \int_0^t dt' \kappa(t - t') c(t'),
\]

where \( \kappa(t) \) is the corresponding memory kernel. Formally, the latter can be derived from the microscopic Hamiltonian dynamics of the system under consideration (tagged particle plus the environment). Using that the MSD and the VACF are related through\(^{19}\)

\[
W(t) = 2 \int_0^t d\tau (t - \tau) c(\tau),
\]

one can derive characteristic long-time tails for the VACF and its memory function,\(^{20}\)

\[
c(t) \sim t^{-\alpha}, \quad \kappa(t) \sim \frac{(v^2)^2}{D_0} \sin(\pi \alpha) \pi^{-1} \frac{1}{t^\alpha},
\]

FIG. 1. Simulated system consisting of a bilayer of 2 × 64 DOPC lipid molecules and 3840 water molecules (light-grey).

FIG. 2. Simulated molecule-averaged MSD for the lateral CM diffusion of the DOPC molecules (dots) and fit of model (1) (solid line). The fitted fractional diffusion coefficient is \( D_0 = 0.107 \text{ nm}^2/\text{ns}^\alpha \) for \( \alpha = 0.52 \). The inset shows the distribution of \( \delta W(t) = W(t) - W(t) \) for \( t = 0.1 \text{ ns}, t = 0.5 \text{ ns}, \) and \( t = 1 \text{ ns} \) (with increasing width). In the main figure the corresponding average MSD values are indicated by triangles.
which are to be considered as necessary conditions for anomalous diffusion. Expressions (6) and (7) are also sufficient conditions in case of super- and subdiffusion, respectively. For subdiffusion, the theory predicts thus a negative long-time tail for the VACF and a positive long-time tail for the memory function. Negative values of the VACF for large time lags indicate a persistent tendency of the diffusing molecules to invert their direction of motion and thus a tendency to stay localized. In agreement with this interpretation, Eq. (4) shows that the inversion of the direction of motion is favored by positive values of the memory function. In this context, it is worthwhile noting that the VACF for fBM, which can be defined for localized. In agreement with this interpretation, Eq. (4) shows that the inversion of the direction of motion is favored by positive values of the memory function. In this context, it is worthwhile noting that the VACF for fBM, which can be defined for a coarse-grained velocity, decays asymptotically also as $t^{-2}$, with $c(t) < 0$.67

To investigate the existence of a long-time tail in the VACF, we estimated the contributions of the individual molecules again through time averages

$$c_j(n) = \frac{1}{N_t - n} \sum_{k=0}^{N_t-n-1} \mathbf{v}_j(k) \cdot \mathbf{v}_j(k + n)$$

and calculated the VACF as an average over the individual contributions,

$$c(n) = \frac{1}{N_	ext{mol}} \sum_{j=1}^{N_	ext{mol}} c_j(n).$$

The results are shown in Fig. 4, where the VACF has been normalized such that $c(0) = 1$. The inset shows that the computed VACF (dots) is in good agreement with the long-time tail (6) (solid line) if $t > 1$ ps. In this comparison, the normalization of the VACF has been taken into account. The asymptotic regime of the VACF is defined with respect to a corresponding time scale, $\tau_{\text{VACF}}$. For normal diffusion, this time scale can be obtained via $\tau_{\text{VACF}} = \int_0^\infty dt \ c(t)/c(0).$ To generalize this estimation for arbitrary $\alpha$ we use that the fractional diffusion constant can be written as

$$D_\alpha = \frac{1}{\Gamma(1 + \alpha)} \int_0^\infty dt \ t^{-\alpha} c(t),$$

where $\Gamma(.)$ is the Gamma function and $0 \partial_t^{\alpha-1} c(t) = -t^{-1} \int_0^t dt' \Gamma(\alpha)^{-1} (t - t')^{\alpha-1} c(t')$ is the fractional Riemann-Liouville derivative of order $1 - \alpha$ of $c(t)$. Noting that $c(0) = (\langle v^2 \rangle)$, we define

$$\tau_{\text{VACF}} = \left(\frac{D_\alpha}{\langle v^2 \rangle}\right)^{1/(2-\alpha)}.$$ (11)

Using $\alpha = 0.61,$ $D_\alpha = 0.101$ nm$^2$/ns$\alpha$, and a thermal mean square velocity of $\langle v^2 \rangle = k_b T/M = 6.55 \times 10^{-3}$ nm$^2$/ps$^2$ at $T = 310$ K, yields $\tau_{\text{VACF}} = 0.35$ ps. Here $k_b$ is the Boltzmann constant, $T$ is the absolute temperature in Kelvin, and $M$ is the mass of a single DOPC molecule. What exactly means $t \gg \tau_{\text{VACF}}$ can be seen from Fig. 4, which shows that the asymptotic regime starts at $t \approx 1$ ps, corresponding to $t \approx 3 \tau_{\text{VACF}}$. On account of relation Eq. (5), this time scale also defines the onset of the asymptotic regime of the MSD. Since $\tau_{\text{VACF}}$ is much smaller than the time scale on which the MSD varies notably, expression (1) can be in practice fitted for the whole time scale, $0 \leq t < \infty$. This has been tacitly assumed in the fits of the MSDs described earlier.

To compute the memory function, we started from the discretized form of Eq. (4),

$$\frac{c(n+1) - c(n)}{\Delta t} = -\sum_{k=0}^n \Delta t \ w_k c(n - k) \kappa(k),$$ (12)

where $w_0 = w_n = 1/2$ and $w_k = 1$ for $k = 1, \ldots, n - 1$ (Simpson integration scheme). Equation (12) can be considered as a linear of system of equations for $\kappa(0), \kappa(1), \kappa(2)$, etc., which can be solved recursively. The result is shown in Fig. 5, where the inset shows the long-time tail (dots) together with the analytical form (7) (solid line). Although the memory function decays very rapidly to almost zero compared to its initial value, it is exactly the remaining positive long-time tail which makes the diffusion process subdiffusive. We note that the agreement between the long-time tail of the memory function and the theoretical prediction is less good as for the VACF. A reason might be that the memory function is not well resolved for short times and that errors in the VACF are accumulated through the recursive calculation of $\kappa(n)$. The typical time scale for the memory function can be defined along the
same lines as for the VACF, using that
\[ \eta_\alpha = \frac{\langle v^2 \rangle}{D_\alpha} = \int_0^\infty dt \, g^0(t)^{-\alpha} \kappa(t). \] (13)

Introducing the frequency \( \Omega \equiv \sqrt{\kappa(0)} \), we define
\[ \tau_{\text{mem}} = \left( \frac{\eta_\alpha}{\Omega^2} \right)^{1/\alpha}. \] (14)

Using the same parameters as for the calculation of \( \tau_{\text{VACF}} \) and that \( \Omega^2 = 163.25 \, \text{ps}^{-2} \), we obtain \( \tau_{\text{mem}} = 2.7 \, \text{fs} \). This value confirms the very rapid decay of \( \kappa(t) \) seen in Fig. 5 and one sees that the asymptotic regime starts approximately at \( t \approx 10 \, \text{ps} \), which corresponds to \( t \approx 4000 \tau_{\text{mem}} \). Although the characteristic time scale of the memory function is much shorter than the one of the VACF, its asymptotic regime starts even later.

To resume the results, we have shown that the lateral diffusion of the lipid molecules in the simulated DOPC bilayer displays a clear signature of subdiffusion, with fractional diffusion constants that are compatible with experimental results obtained by FCS. The asymptotic forms of the VACF and the corresponding memory function agree in particular with corresponding theoretical expressions predicted for this type of anomalous diffusion. It is worthwhile noting that the long-time tail \( \propto t^{-2} \) of the lateral VACF might have an explanation in terms of a hydrodynamic backflow of the surrounding molecules. This argument has been put forward long time ago to explain the long-time tails in the VACFs of simple liquids.\(^{18}\) In this context, we refer to recent work by Falk et al.\(^{23}\) who observed collective flow patterns in the lateral motions of molecules in a lipid bilayer.